

Learn how to become a Pet Stylist

Have you ever wanted to own your own business? Work your own hours from home or go mobile? Have you always loved dogs? Then perhaps learning to become a "Professional Pet Stylist" is the right career for you! We are NOT a franchise. Become totally independent with FREE on-going support from our experienced grooming teachers.



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Clear the air and invest in HEPA air purifiers. HEPA (high efficiency particulate air) air purifiers can hold the answer to making the air in the rooms where your pets frequent much cleaner. Airborne pet allergen is difficult to remove but a good quality air purifier will do the job. Their filters will need to be replaced regularly but it's a small price to invest for allergy relief. Regularly vacuum with a HEPA vacuum cleaner.

Once a week is good but twice is twice as nice for allergy sufferers. A good quality HEPA vacuum cleaner used twice a week on household surfaces can really make a difference to the home environment. Use the small hand tools to deal with upholstery, skirting boards, under couches and hard to reach areas.

Steam clean your home. This may sound extreme but steam cleaning in addition to regular vacuuming has been proven to rid carpets and upholstery of bacteria, dust mites, pet allergen and mould spores. Plus it's safe for you, your pets and the environment as it's a chemical free way of killing the dander.

Wash bedding in super hot water. This is a tip for those of you who can't resist your critters invading your bedding. A hot wash (60 degrees Celsius) of all bedding eliminates both dust mite and pet allergen.

Practice safe petz. Always wash your hands after handling your cat/dog and keep hands away from your face and eyes. Rubbing your eyes straight after petting can really exasperate allergies. A bacterial soap is the best to wash away these nasties.

Scrub-a-dub-dub, Puss and Pooch in the tub. A regular wash for both cats and dogs can help minimise and wash away pet allergens on coats.

Having a pet allergy diagnosed needn't be the end of your affair with your pet or even necessitate banning your precious puss or pampered pooch outside. With a little work and minor adjustments to your routine and some improved household appliances, you can minimise the discomfort and symptoms. Many pet allergy sufferers, over time, become less susceptible through exposure and the theory is that this is nature's way of 'self immunization'.

Are Your Pets Making You Sick?

*You sniff and you sneeze. You cough and you wheeze.
Your nose is all runny and your eyes might be gummy.*

It's allergy season and many of us who sneeze and wheeze through the first buds of spring are likely to also suffer from those we love—our pets. We love them and they love us back, but unfortunately their dander, hair and even saliva can deliver the worst allergy symptoms. Thankfully there are a many things you can do to minimise the worst of pet allergy symptoms.

If you're allergic to cats, you most likely have a reaction to the cat's saliva and dander (dead skin cells). An allergy to cats can be hard to manage as mostly the allergens are airborne and are not necessarily spread through direct contact. A cat grooms itself by licking its fur, and through this process, saliva is deposited. The saliva dries leaving behind the protein antigen and the licking loosens dead skin cells. These lightweight antigens become airborne and can easily spread to clothes, flooring and furniture—in fact any household surface. Dogs can also spread allergens the same as cats—through their saliva and dander, however many people suffer less severe reactions to dogs as cats.

There are several steps that you can take to minimise and manage allergies to your pets—and no, it doesn't involve getting rid of them.

Ban them from the bedroom. You should try to minimise the amount of allergen floating around in the room you spend at least 8 hours a night. Your bedroom should be a sanctuary away from wheezing and sneezing so that you can get some quality sleep. That means dogs and cats should not be allowed in the bedroom or on the bed even during the day.



Illustration by Nick Craine (nickcraine.com)

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